

Course Information

For further information and application requirements on this course or other courses on offer by the Kerry ETB Training Centre please contact:

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Or alternatively contact your local Intreo Office or Local Employment Services office.



BEAUTY THERAPY

TRAINEESHIP

(TRS52)

DURATION: 50 Weeks



KERRY ETB
TRAINING CENTRE



BEAUTY THERAPY TRAINEESHIP (TRS52)

Introduction

Do you have a flair for working with your hands, the ability to learn the theory underpinning beauty therapy practice, a caring personality, a creative outlook, and an eye for detail? If so, have you considered a career in beauty therapy? If you also enjoy working with others and dealing with the general public this may be the career and course for you. The traineeship offers participants the opportunity to develop the knowledge, skills and attitudes required to work as beauty therapists in a variety of settings. It offers a rich learning opportunity integrating theory, practice and industry experience so that participants gain a clear understanding of the various treatments and therapies practiced in the industry.

What you'll study – Course Modules:

- **Induction** - state the planned outcomes and conditions attached to the course; apply good safety, health and hygiene practices; state the basic principles involved in environmental issues and explain the meaning of equal opportunities.
- **Skin care and eye treatments** - perform a full facial routine and eyelash and eyebrow treatments.
- **Professional conduct and business awareness** - understand the legal, health and safety, and professional requirements involved in a beauty therapy business and how to operate the business successfully.
- **Make up** - perform a full make-up for a range of occasions to include, day, evening, bridal and fantasy.
- **Manicure and pedicure** - perform a full manicure and pedicure treatment.
- **Waxing** - understand and perform safe and effective hair removal treatments on all areas of the body using hot wax, warm wax or sugaring methods.
- **Facial Electrical Treatments** - perform treatments using a range of facial electrical machines.
- **Anatomy and physiology** - understand the anatomy and physiology of the twelve systems of the body and their interrelationships.
- **Holistic massage** - perform a full body holistic massage in consultation with the client.
- **Epilation** - understand and perform safe permanent hair removal techniques using shortwave diathermy and blend therapies.
- **Body Therapy** - including figure diagnosis, Swedish massage and body electrical treatments.
- **Beauty therapist exams and case studies** - sit the international exams and complete the case studies for the traineeship

- **Beauty therapy workplace competencies** - work in the traineeship occupation under normal operational conditions in a company and in accordance with the workplace training plan. Satisfactory completion of the workplace competence schedule is required to achieve the course certification.
- **Career Planning and Job Seeking Skills** - plan and achieve realistic work goals.

Certification.

- ITEC Beauty Specialist Diploma, ITEC Diploma in Facial Electrical Treatments, ITEC Diploma in Holistic Massage, ITEC Diploma in Epilation, ITEC Diploma in Anatomy and Physiology, and ITEC Diploma in Body Therapy.
- CIBTAC International Diplomas in Aestheticienne, Epilation, and Body Therapy.
- CIDESCO International Diploma

Course Delivery Methods.

This is a full-time course of 52 weeks duration. It includes 600 hours of work placement in a company. A number of training methods are used to deliver the course. These include instructions, presentations, demonstrations, lectures, tutorials, supervised practice, simulated work environment practice, practical workplace training, discussion groups, role plays, one-to-one discussions, online discussions, and giving and receiving feedback. Participants are required to actively participate in the learning process and to engage in up to 3 hours course work per night outside of normal course hours. They must complete a number of written and typed exercises and assignments throughout the course and keep up-to-date records of their progress. There are written and practical assessments for each of the course modules. Candidates are expected to perform and receive the treatments as set down by the syllabi.

Entry Requirements.

- Reached the statutory school leaving age.
- Leaving Cert with biology or another relevant science subject, or have successfully completed an ITEC / CIBTAC module in the beauty therapy field.
- Sponsorship letter from Salon/Spa.
- Demonstrate evidence of an interest in and knowledge of the industry.
- Hands on type of person.
- Demonstrate an ability to concentrate and focus on learning.
- Ability to work as part of a team and alone.
- Good communications, including good verbal and written English language and good IT/computer skills.
- Caring open person.
- Good general appearance.
- Previous experience in a salon is an advantage.

Typical Employment Opportunities.

Beauty therapists carry out a wide range of personal beauty care treatments. These include manicures, pedicures, facials, body massage, hair removal, electrical therapies, figure diagnosis and body therapy, and make-up etc. They work in a variety of settings e.g. in salons, hotel spas, health and beauty spas, large department stores, pharmacies and on board cruise ships.