

- Excellent communication and interpersonal skills and the ability to relate to people at different levels.
- Demonstrate a positive outlook, be adaptable, and have the ability to work on your own initiative, to take direction and to work with others as part of a team.
- A high standard of personal presentation.
- Some previous experience working in a care environment is desirable.
- Garda Vetting is a requirement for this programme and participation is subject to a satisfactory outcome of the Garda Vetting process.
- Due to the physical nature of this occupation, successful applicants must submit a recent medical report from their G.P. specifying any identified conditions or illnesses which may compromise the health and safety of any client or learner engaged on the course.

Typical Employment Opportunities.

The demand for healthcare assistants is projected to increase over the coming years. Ireland has an ageing population and this trend is set to continue over the coming years. Healthcare assistants are employed in public and private hospitals, public and private residential nursing homes, hospices, community care centres, and by the HSE and private agencies for the Home Care Scheme.

Course Information

For further information and application requirements on this course or other courses on offer by the Kerry ETB Training Centre please contact:

Kerry ETB Training Centre,

Monavalley Industrial Estate, Tralee, Co. Kerry

Phone: 066 714 9600 / 066 714 9638 / 066 714 9676

Email: training@kerryetbtrainingcentre.ie

Website: www.kerryetbtrainingcentre.ie

Or alternatively contact your local Intreo Office or Local Employment Services office.



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**KERRY ETB
TRAINING CENTRE**



HEALTHCARE SUPPORT

TRAINEESHIP

(ETS97)

DURATION: 41 Weeks

HEALTHCARE SUPPORT TRAINEESHIP (ETS97)

Introduction

Are you a friendly, caring person looking for a challenging career that will enhance the lives of other people? If so, this may be the course for you. This programme provides the participants with the knowledge, skills and competencies to work as part of a multidisciplinary team in the provision of effective and appropriate healthcare supports to clients in a variety of settings. This includes recognising clients' individual needs, assisting daily living activities, and maintaining a safe and hygienic healthcare environment. Healthcare assistants provide personal, social and emotional care and support to elderly people in private residences, residential nursing homes, hospitals and hospices etc. The work involves a variety of tasks to enhance the everyday lives of older people. It's a career for people with a caring and friendly disposition who empathise with older people and relate easily to people in general. The job requires a certain level of physical stamina, patience in dealing with the frailties of older people and the ability to provide personal care to older people.

What you'll study – Course Modules:

- **Induction - Common Awards** State the planned outcomes and the conditions attached to attendance on the course; apply good safety, health and hygiene practices; state the basic principle involved in environmental issues and explain the meaning of equal opportunities.
- **Patient Handling** Demonstrate techniques for the safe moving and handling of people, placing emphasis on the individual's comfort, the safety of the worker and the use of leg muscles instead of the back.
- **Occupational First Aid - 5N1207** Describe the responsibilities of an occupational first aider, demonstrate that they can provide treatment for injuries of varying degrees of seriousness, coordinate first aid arrangements in the workplace and describe the health and safety legislation on first aid provision in the work place in compliance with the requirements of the Safety, Health and Welfare at Work (General Application) Regulations 2007 and the associated Guide to these Regulations
- **Care Support 5N0758** Work effectively in a care setting and promote good practice and respect for diversity in lifestyle, religion and culture in care work
- **Care Skills 5N2770** Care for clients in a safe and hygienic environment using best practice guidelines.
- **Safety And Health At Work 5N1794** Promote and maintain safety and health at work. Examine and analyse the duties and responsibilities of employers and employees under H&S legislation and the role of the Health and Safety Authority. Identify common workplace risks and hazards including infection and contamination and the interventions required to reduce them to a minimum. Identify and implement procedures to be followed in the event of accidents and emergencies. State the function of personal protective equipment (PPE) and the various types of safety signs.

- **Personal Effectiveness - 5N1390** Apply a range of personal and learning skills in a variety of personal, civil and vocational contexts, operating with autonomy while under general direction.
- **Work Practice Healthcare - 5N1433h** Work in an organisation or specific vocational context, carrying out vocationally related tasks over a period of time, independently while under general supervision.
- **Career Planning & Job Seeking Skills** Plan and achieve realistic work goals.
- **Anatomy And Physiology - 5N0749** Describe the structure and function of the human body and the interrelationship between its systems
- **Human Growth And Development 5N1279** Relate to people at various levels of personal development and care for people at a level appropriate to their needs.
- **Nutrition 5N2006** Outline the nutritional composition of food and the effects of food and nutrition on an individual's health and personal well-being.

Certification.

- QQI Level 5 Major Award in Healthcare Support (5M4339). To achieve the Level 5 Major Award participants must successfully complete assessments in the following modules: Care Support, Care Skills, Safety & Health at Work, Care of the Older Person, Anatomy and Physiology, Human Growth and Development, and Work Practice. They must also successfully complete the module assessments in one of the following modules: Personal Effectiveness, Communications, Customer Service or Teamworking.

Course Delivery Methods.

This is a full-time course of 41 weeks duration. A number of training methods are used to deliver it. These include instructions, presentations, supervised practice, practical work training, simulated work environment practice, discussion groups and role plays. The course offers a rich learning experience by integrating theory and work practice. Participants will spend 2 days per week over a 20 week period on work practice in a residential healthcare setting. They are required to actively participate in the learning process and engage in course work outside of normal course hours. They must complete a number of written exercises and assignments throughout the course and keep up-to-date records of their progress. A number of methods are used to assess the participants' progress and for certification purposes. These include assignments, theory exams, practical exams, project work, portfolios, learner records, collections of work, and skills demonstrations. Satisfactory completion of the integrated work practice assessments is an absolute requirement to achieve the QQI Level 5 Certificate in Healthcare Support.

Entry Requirements. Do you meet the following Criteria?

- Participants must reach 18 years of age before the end of the Traineeship. Applicants who are under 18 years of age require a Garda Parent/Guardian Consent Form signed by their parent or guardian.
- A QQI Level 4 Major Award or its equivalent.
- A good verbal and written command of the English language.